

# JACO

PHONE (808) 381-8947 TOLL FREE FAX 1 (800) 586-4356 LOCAL FAX (808) 548-0425 JACOREHAB.COM

HOURS: MONDAY - FRIDAY 6AM - 9PM, SATURDAY 7AM - 5PM, SUNDAY 8AM - 4PM

PLEASE SPECIFY IF YOU ARE CALLING FOR HONOLULU, WAIKELE, MILILANI OR KAPOLEI LOCATION

PARTICIPATING WITH: HMSA, AKAMAI, HMAA, UHA, HMA, PSWA, UNITED HEALTH CARE, MEDICARE, TRICARE, W/C & MOST PRIVATE INSURANCE

### JACO HONOLULU

HALE PAWA'A  
1401 S. BERETANIA ST. SUITE 550  
HONOLULU, HI 96814

### JACO WAIKELE

WAIKELE CENTER  
94-849 LUMIAINA ST. SUITE 101  
WAIKELE, HI 96797

### JACO MILILANI

GATEWAY MAUKA/LIBERTY DIALYSIS BLDG.  
95-1105 AINAMAKUA DR. SUITE 203  
MILILANI, HI 96789

### JACO KAPOLEI

KAPOLEI MEDICAL PARK  
599 FARRINGTON HWY. SUITE 206  
KAPOLEI, HI 96707

INITIAL REQUEST  EXTENSION  PVT  W/C  OTHER:

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_  
MD: \_\_\_\_\_ DATE OF SURGERY: \_\_\_\_\_ ICD-10 CODE: \_\_\_\_\_

### WORKMAN'S COMP ONLY:

CLAIM #: \_\_\_\_\_ CASE #: \_\_\_\_\_ DATE OF INJURY: \_\_\_\_\_ DATE OF SURGERY: \_\_\_\_\_  
INSURER/ADJUSTER & PHONE NUMBER: \_\_\_\_\_  
EMPLOYER: \_\_\_\_\_ PHONE NO. EMPLOYER: \_\_\_\_\_

### \*AREAS TO BE TREATED / DIAGNOSIS:

### SPECIFY MODALITIES/PROCEDURES:

### TREATMENT OBJECTIVES:

### INSTRUCTIONS/PRECAUTIONS:

### THERAPEUTIC EXERCISE:

- STRENGTHENING / PRE'S
- CONDITIONING
- BALANCING / COORDINATION / PROPRIOCEPTION / STABILIZATION
- ROM
- GAIT TRAINING
- SOFT TISSUE / JOINT MOBILIZATION
- WORK CONDITIONING  
LIFTING \_\_\_\_\_ LBS.  
PUSHING / PULLING \_\_\_\_\_ LBS.

### MODALITIES:

- FUNCTIONAL ELECTRONIC MUSCLE STIM

### FREQUENCY

\_\_\_\_\_ TIMES A WEEK FOR \_\_\_\_\_ WEEKS. \_\_\_\_\_ TOTAL NO. OF SESSIONS

I CERTIFY THE NEED FOR THESE SERVICES FURNISHED UNDER THIS PLAN OF TREATMENT AND WHILE UNDER MY CARE.

PHYSICIAN'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

### CARRIER TO COMPLETE AND RETURN

IF NOTICE OF DENIAL IS NOT RECEIVED WITHIN 5 WORKING DAYS, THERAPY WILL CONTINUE ON \_\_\_\_\_ AND FULL PAYMENT WILL BE EXPECTED.

\_\_\_\_\_ REQUEST APPROVED

\_\_\_\_\_ REQUEST DENIED

ADJUSTER'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

VERBAL APPROVAL FOR THE ABOVE TREATMENT PLAN OBTAINED:

FROM \_\_\_\_\_ ON \_\_\_\_\_ BY \_\_\_\_\_

DETAILED REPORT MAILED SEPARATELY

DETAILED REPORT ATTACHED

## THE JACO REHAB ADVANTAGE

One-on-one treatment by a licensed physical therapist – the ortho and sports medicine rehabilitation specialists.

- » Hands-on manual therapy techniques that work to improve function and reduce pain.
- » Individualized exercise programs that suit your unique sport or fitness goals.
- » Japanese, Tagalog and Korean-speaking physical therapists available upon request.

## APPOINTMENTS AND CANCELLATIONS

JACO Rehab is a trend-setter in one-on-one physical therapy care. We believe that this concept ensures the best possible results and consistent patient satisfaction.

We appreciate your cooperation in our effort to provide the best physical therapy experience possible.

- » Call 808.381.8947 to set up your appointment and bring this form to your first therapy session.
- » Please arrive on time. We recommend arriving 20 minutes early for your first session.
- » 24-hour notice is required when canceling appointments to avoid a \$35 late cancellation fee. (This fee is not covered by your medical insurance).
- » Please bring workout clothes and athletic shoes. Shower and locker facilities are available in our Honolulu location.

## NEW LOCATIONS AND PARKING

### JACO HONOLULU – HALE PAWA'A

Enter the parking structure from S. Beretania or Young St. Parking elevator will take you to ground level from where you will enter the building. There is also curbside drop off for your convenience. Parking is free for the first hour with our validation. After that it is \$1.00 per 30 minutes.

### JACO WAIKELE – WAIKELE CENTER

Waikēle Center, Suite 101, is on the ground floor of the Waikēle Professional Building. There is free parking right in front of the professional building. There is also curbside drop off for your convenience.

### JACO MILILANI – GATEWAY MAUKA/LIBERTY DIALYSIS BUILDING

Take exit 5 southbound or exit 5A northbound on H2. After merging onto Meheula Pkwy. going mauka, take the first right at the stop light onto Ainamakua Dr., after which you will take the first right into the parking lot of Gateway Mauka. JACO Rehab is in the Liberty Dialysis Building, to the right of Wayland University.

### JACO KAPOLEI – KAPOLEI MEDICAL PARK

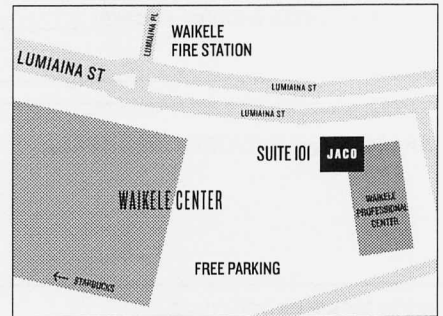
From Ewa, take exit 1B to "Makakilo/Kapolei/Kalaeloa," then take the left lanes to take Kamokila Blvd./Farrington Hwy. Turn right on Kapouka Pl. until it ends, turn left until you find yourself in the parking lot of Kapolei Medical Park.

From Town, take exit 2 to "Makakilo/Kapolei/Kalaeloa," turn left to go over freeway. Then turn right on Farrington Hwy. Take a left on Kapouka Pl. until it ends, turn left until you find yourself in the parking lot of Kapolei Medical Park.

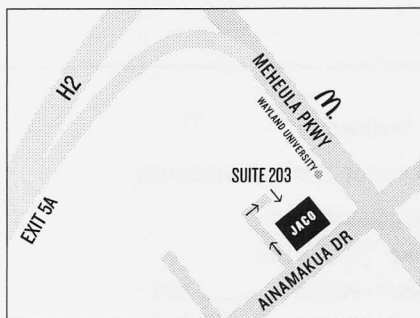
### JACO HONOLULU



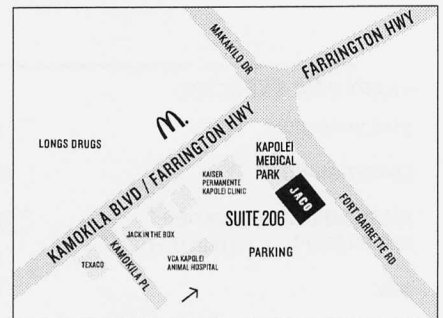
### JACO WAIKELE



### JACO MILILANI



### JACO KAPOLEI



## A NOTE FROM JACO

Thank you for choosing JACO Rehab. Since starting our clinic in 1998, we have carefully assembled the most talented, skillful and energetic team of physical therapists in Honolulu. We are at the forefront of the newest trends in physical therapy and we are honored that we can coordinate care with your physician. Our therapists are from diverse backgrounds and share many common values – a passion for helping people, our love for Hawaii, athletics and fitness. I'm sure you will enjoy getting to know this dynamic group of individuals just as much as we look forward to meeting you. Please feel free to read our physical therapists bios at [JACOREHAB.COM](http://JACOREHAB.COM).

Thank you for choosing JACO Rehab!  
 Rehab Right, Play Hard™  
 Aloha, Jaco Van Delden, PT

FIRST APPOINTMENT
DATE _____
TIME _____
LOCATION _____
THERAPIST _____