



**JACO HONOLULU**  
 HALE PAWA'A  
 1401 S. BERETANIA STREET, SUITE 550  
 HONOLULU, HI 96814

**JACO WAIKELE**  
 WAIKELE CENTER  
 94-849 LUMIAINA STREET, SUITE 101  
 WAIKELE, HI 96797

**JACO MILILANI** COMING LATE 2016  
 GATEWAY SOUTH  
 95-1105 AINAMAKUA DRIVE, SUITE 203  
 MILILANI, HI 96789

HOURS: MONDAY - FRIDAY 6AM - 9PM, SATURDAY 7AM - 5PM, SUNDAY (HONOLULU ONLY) 8AM - 4PM  
 PLEASE SPECIFY TO OUR FRONT DESK IF YOU ARE CALLING FOR HONOLULU, WAIKELE OR MILILANI LOCATION

**PHONE (808)381-8947 TOLL FREE FAX (800)586-4356 JACOREHAB.COM**

PARTICIPATING WITH: HMSA, HMAA, UHA, HPH, HMA, PHC, QUEEN'S HEALTHCARE PLANS, UNITED HEALTH, MEDICARE, HMSA 65C+, WILL ACCEPT TRICARE STANDARD, PRIME, W/C & MOST PRIVATE INSURANCE

INITIAL REQUEST  EXTENSION  PVT  W/C  OTHER:

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_  
 MD: \_\_\_\_\_ DATE OF SURGERY: \_\_\_\_\_ ICD-10 CODE: \_\_\_\_\_

**WORKMAN'S COMP ONLY:**  
 CLAIM #: \_\_\_\_\_ CASE #: \_\_\_\_\_ DATE OF INJURY: \_\_\_\_\_ DATE OF SURGERY: \_\_\_\_\_  
 INSURER/ADJUSTER & PHONE NUMBER: \_\_\_\_\_  
 EMPLOYER: \_\_\_\_\_ PHONE NO. EMPLOYER: \_\_\_\_\_

**\*AREAS TO BE TREATED / DIAGNOSIS:** \_\_\_\_\_ **SPECIFY MODALITIES/PROCEDURES:** \_\_\_\_\_

**TREATMENT OBJECTIVES:** \_\_\_\_\_ **INSTRUCTIONS/PRECAUTIONS:** \_\_\_\_\_

<b>THERAPEUTIC EXERCISE:</b>		<b>MODALITIES:</b>
<input type="checkbox"/> STRENGTHENING / PRE'S	<input type="checkbox"/> GAIT TRAINING	<input type="checkbox"/> FUNCTIONAL ELECTRONIC MUSCLE STIM
<input type="checkbox"/> CONDITIONING	<input type="checkbox"/> SOFT TISSUE / JOINT MOBILIZATION	<input type="checkbox"/> LASER
<input type="checkbox"/> BALANCING / COORDINATION / PROPRIOCEPTION / STABILIZATION	<input type="checkbox"/> WORK CONDITIONING	
<input type="checkbox"/> ROM	LIFTING _____ LBS.	
	PUSHING / PULLING _____ LBS.	

**FREQUENCY**  
 \_\_\_\_\_ TIMES A WEEK FOR \_\_\_\_\_ WEEKS. \_\_\_\_\_ TOTAL NO. OF SESSIONS  
 I CERTIFY THE NEED FOR THESE SERVICES FURNISHED UNDER THIS PLAN OF TREATMENT AND WHILE UNDER MY CARE.  
 PHYSICIAN'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**CARRIER TO COMPLETE AND RETURN**

IF NOTICE OF DENIAL IS NOT RECEIVED WITHIN 5 WORKING DAYS, THERAPY WILL CONTINUE ON \_\_\_\_\_ AND FULL PAYMENT WILL BE EXPECTED.

\_\_\_\_\_ REQUEST APPROVED \_\_\_\_\_ REQUEST DENIED

ADJUSTER'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

VERBAL APPROVAL FOR THE ABOVE TREATMENT PLAN OBTAINED:

FROM \_\_\_\_\_ ON \_\_\_\_\_ BY \_\_\_\_\_

DETAILED REPORT MAILED SEPARATELY  DETAILED REPORT ATTACHED

THERAPIST'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

## THE JACO REHAB ADVANTAGE

One-on-one treatment by licensed physical therapists – the ortho and sports medicine rehabilitation specialists. Always!

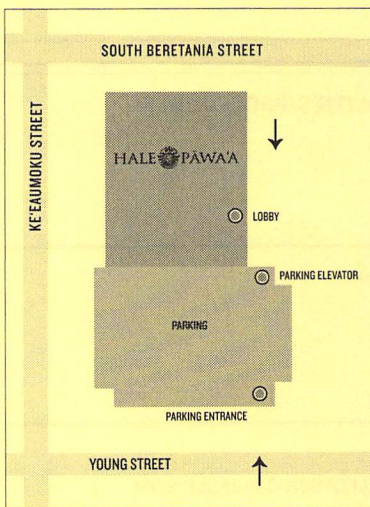
- » Hands-on manual therapy techniques that work to improve function and reduce pain.
- » Individualized exercise programs that suit your unique sport or fitness goals.
- » Japanese and Korean speaking physical therapist available upon request.

## APPOINTMENTS AND CANCELLATIONS

JACO Rehab is a trend setter in one-on-one physical therapy care. We believe that this concept ensures the best possible results and consistent patient satisfaction. We appreciate your cooperation in our effort to provide the best physical therapy experience possible.

- » Call 808.381.8947 to set up the appointment and bring this form to your first therapy session.
- » Please arrive on time. We recommend arriving 20 minutes early for your first session.
- » 24-hour notice is required when canceling appointments to avoid a \$35 late cancellation fee. (This fee is not covered by your medical insurance.)
- » Please bring workout clothes and athletic shoes. Shower and locker facilities are available.

## NEW LOCATIONS AND PARKING

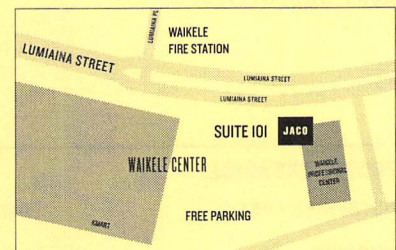


### JACO HONOLULU – HALE PAWAA

Enter the parking structure from S. Beretania or Young Street. Parking elevator will take you to ground level from where you enter the building. There is also curbside drop off for your convenience. Parking is free for the first hour with our validation, after that it is \$1.00 per 30 minutes.

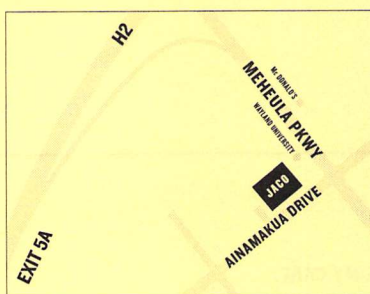
### JACO WAIKELE – WAIKELE CENTER

Waikēle Center, Suite 101 is on the ground floor in the professional building. There is a parking lot for free self parking right next to the professional building. There is also curbside drop off for your convenience.



### JACO MILILANI – GATEWAY SOUTH

Take exit 5 southbound or exit 5A northbound on H2. After merging onto Meheula Pkwy going mauka, take the first right by the stop lights onto Ainamakua Drive, after which you take a first right again into the parking lot of Gateway South. JACO Rehab is in the building to the right of Wayland University.



## A NOTE FROM JACO

Thank you for choosing JACO Rehab. Since starting our clinic in 1998, we have carefully assembled the most talented, skillful and energetic team of physical therapists in Honolulu. We are at the forefront of the newest trends in physical therapy and we are honored that we can coordinate care with your physician. Our therapists are from diverse backgrounds and share many common values – a passion for helping people, our love for Hawaii, athletics and fitness. I'm sure you will enjoy getting to know this dynamic group of individuals just as much as we look forward to meeting you.

Please feel free to read our physical therapists bios at [JACOREHAB.COM](http://JACOREHAB.COM).

Thank you for choosing JACO Rehab!

Rehab Right, Play Hard™  
Aloha, Jaco Van Delden, PT

FIRST APPOINTMENT
DATE _____
TIME _____
LOCATION _____
THERAPIST _____